

T\$ Central



When we encourage support & help each other, everyone wins! Start today & ask yourself "Who can I build up & inspire to make changes for the better?" Then go ahead & make it a reality. You never know what others are thinking or going through. One act of kindness or a few nice words will help a person a lot more than you think.

I challenge each Knight on this campus to embrace
KINDNESS and share it with your classmates.
It feels so much better when we show love, rather than hate.
Let's put good vibes out into the universe.

TCOB Knights, Ms. Beal

HELP ~ ADVICE ~ SUPPORT ~ TIPS ~ GUIDANCE ~ ASSISTANCE



Bag Over My Shoulder

Bags are something most of you carry each day. They come in many shapes and sizes, but to get by here you need some type of toting ability. In my conversations over the last few weeks as things are settling into a routine and work is amping up I have been reminded of these bags and the things we all tote around. You see, not only do we carry our school bag, we all also carry an extra bag with 3 compartments. You may try to pretend this bag is not there, but it is and will be. This bag holds our past, our present and our future. Sometimes this bag is light and easy to manage. Sometimes this bag is lopsided and our past tries to take up space in the present compartment. Other times our present compartment is so full we can't make room for our past or our future. It is an ongoing shifting and reorganizing. Often we try to forget about the bag all together or we get in one of the compartments and just sit there and choose not to care of the other two. We are always balancing and shifting to try to make the contents manageable.

We all have this bag. We all have a

past, a present and a future to contend with.

There are hard things to remember in the past pocket. Things that hurt us and scared us. No matter how much you think someone has it all together their past pocket has shadowy parts they don't like to dig in.

Some have a heavy past pocket that extends into their present. Others have a lumpy, bumpy present pocket that is taking up room in their future. Some drag their bags along the ground with heavy tugs throughout the day.

Some sling that baby over their shoulder and whistle a tune as they skip along. It takes work to manage your bag effectively. I have never known anyone that doesn't throw it to the ground and scream at it to go away one in a while. Or they try to leave it somewhere and walk away and forget about it for a while.

The threads come loose, the pockets break, the strap gets ravelled and the bottom wears a hole. Life is beautiful and hard and amazing and trying. I challenge you to try to remember everyone is carrying this bag and no one's bag is perfect. Try to remember in your interactions with others, they may be on all fours pushing their bag inch by inch along the ground. On those days when your bag feels light and organized, find a way to extend goodness and love to others. We all have days where we experience the highs and lows of our past, present and future.

Keep working at it. Keep organizing.
Keep at it.

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Lone Star College Events

All Month - Faculty Art Show (APA 114)

Oct 2, 6-8 pm - Hispanic Heritage Month (SCC)

Oct 5, 7:30 PM - Stellar Evening (MUS 101 (Recital Hall)

Oct 11, 7 PM - Basketball vs UHD (FTC Gym)

Oct 17, 11-1 - Community Food Fair & Oktoberfest (
Parking Lot G /

Big Quad)

Oct 23, 7:30 PM & Oct 25, 2 PM - Theatre Performance of "Playing with Fire (After Frankenstein)" (APA Main Stage)



By: Adamaris Garcia

How can I avoid procrastination?

I personally have had lots of trouble with procrastination, but I learned my way out of it!

Something that helped me a lot was making my assignments' due date a day or two earlier (than its actual due date) on my planner. This really helped me stay organized and not procrastinate as much as I used to. Being in IECHS is very stressful (not gonna lie) and procrastination is very easy to occur in students, but you have to personally know what skills/strategies help YOU the most. I hope this gives you more confidence in trying harder and it serves as a helpful tool! :)

If you have any questions or advice email:
a.garciaguzman@mynewcaneyisd.org
You'll see your answer in the next issue



The 7 Mindsets

By: Genesis Bones

Number 1: Everything is Possible

Dream big, Embrace creativity and expect great results.

Number 2: Passion First

Pursue your authentic talents and deepest interests.

Number 3: We Are Connected

Explore all synergies in all relationships and learn to empower one another.

Number 4: 100% Accountable

Choose to be responsible for your own happiness and success.

Number 5: Attitude of Gratitude

Seek the positives from every experience and be thankful for all you have.

Number 6: Live to Give

Inspire and serve others while maximizing your potential.

Number 7: The Time is Now

Harness the power of this moment, and take purposeful action

"The 7 Mindsets is a social-emotional learning program that focuses on changing the way individuals think about themselves and their future. The 7 Mindsets curriculum encourages staff and students to change the way they think in a positive manner. Our goal at IECHS is to empower students to live lives of purpose and passion. Each mindset serves a specific purpose in developing our students in a productive manner. In order for students to perform well academically, it is imperative that we focus on the needs of the whole child. Our aim is to help individuals grow, connect, and create meaningful relationships." -- Mrs. Sykes.



7

Raspberry Crumble Bars

By: Denisse Rivera

Ingredients:

- 1/2lbs of unsalted butter
 - ¾ cups of sugar
- 1 teaspoon of vanilla extract
 - 2 1/3 cups of flour
 - ½ teaspoon of salt
- 10-12 ounces of raspberry jam
 - ¼ cup of sliced almonds
- · Confectioners' sugar, for sprinkling

Directions:

- 1. Preheat oven to 350 degrees
- 2. Place butter and sugar in the electric mixer and mix on medium speed until combined. With the mixer low , add the vanilla
 - 1. Put the flour and salt together with the mixer low, slowly

add to the butter mixture until it almost gets together as a

ball.

Put dough onto a board, lightly pat ²/₃ of dough evenly on the bottom

Of a 9 inch square pan and ¼ inch up the sides. Spread the jam leaving

a ¼ inch border. Mx granola into remaining dough with the hands. Break

dough into small bits and distribute it on top of the jam, covering most of the surface. Sprinkle almonds on top and bake for 45 min until

lightly brown

1. Cool completely and cut into 9 or 12 bars. Sprinkle as much as you want of confectioners' sugar on top.



Privilege Cards

By: Natalie Ruiz

At Infinity Early College High School, there has been a new incentive implemented; privilege cards. These special cards are given to students that keep their grades at a minimum grade of eighty-five or higher in all their courses. These cards will start being hand out to students every nine weeks, usually when report cards are released. Once you get this card you will now get the privilege to go on your own to the Kingwood Lone Star College and do any of your work there. You will only get to use this card during the period you have learning Lab. "Once you arrive to the college you will have to act in your best behavior or the card will be immediately taken away." Once it's time to return to campus you will have to be responsible enough to get yourself to class on

time. "Any tardy caused by going to the Lone Star will lose the privilege card."

Once every nine weeks come to an end there is going to be a chance for new students to get the privilege pass and join the rest of the students as well to the College. At the six week marker they will check grades once again to make sure there following the expectations for the privilege card. If by any case one the students ends up getting a low grade in any class they would have to return the privilege card. The whole point of this idea is for students to prove themselves capable by passing their classes.

Cross Country

By: Valerie Velazquez

Infinity just made a new team cross country team and they've been

working very hard. All the hard work paid off last week in their first

meet. I heard the meet had tough competition. I also talked to the

coach about the first meet and I asked him about the year so far and this is what he had to say.

Mr Groen: "The boys are improving and working hard, sweating a lot.

They're putting a lot of work in. The first meet was good, the competition was stiff but most of the runners ran their best times."

I then asked runners how the year has been and how the first meet

was here's what they said.

Victoria Rosales: "This year has been really good. We've had many long practices and it's brought us together as a team, and help us become better runners"

Taylor Gomez & Vincent Cruz:

"The first meet was fulfilling and very tiring" "It was fulfilling for me

because I beat Isiah and Joel" said Vincent

There's more meets to come and the runners have worked very hard

to become better. If you see a cross country runner give them a compliment because it's not easy running 3+ miles 5 days a week.



Class Elections

By: Emma Mayfield

As you should know, class elections are coming up, and we have some interesting runners. The offices people can run for are President, vice president, treasurer, secretary, and historian. Each grade level will have a team advocating for them and helping to get problems solved. The people who are elected are elected for you. They want to make a difference and they want to change your school experiences for the better. They are going through the same situations as you, and they can relate to you. For this reason, it's your job to vote, so your voice can be heard.

In order to know who you want in office you need to know their roles. The president's job is to oversee all grade level activities, create an agenda, and they act as a representative for the grade. Vice president is essentially the back up. He/she becomes acting president in the absence of the president, and they fulfill duties delegated to them by the president. Secretary is responsible for mostly paperwork, they will keep the minutes of meetings and takes notes of talking points. Treasurer is the money manager, he or she has the job of establishing a budget, recording transactions, and giving financial updates to the student government. The historian has the job of keeping a narrative of class events and such. He/she keeps up with a scrapbook and all memorabilia for the class.

There have been class meeting for all the candidates and for your own sake, I hope you paid attention. The voting cannot become a popularity contest, you need to listen to what the runners are saying. I honestly and truly believe that if everyone votes for the changes that they want to see in the school, the best candidates will win.

y: Dean Van	werewolf
g : Dea	who often steals princesses
(candle-lit pumpkin
opportur	nity to vote for a candidate
phrase used to r	eceive candy on a nearby holiday
yearly c	celebration of spookiness
sp	oooky restless spirit
ar	unstoppable force
paranormal e	ntity that likes to turn into a bat
a force beyond	scientific understanding of nature

Influential People For Hispanic Heritage Month







Roberto Gómez Bolaños

Roberto Gómez Bolaños was born February 21, 1929 in Mexico City. Roberto Gomez Bolaños also known as "Chespirito" was discovered while waiting in line to apply for a job as a writer. His most parents did not know he was acting. famous works are his tv shows called "El del Ocho" and El Chapulin Colorado" which aired on the Mexican TV network Televisa from 1980 -1995. Sadly" Chespirito" Globe for best actor in a musical or passed away at the age of 85 comedy. Soon Cantiflas created his own due to heart failure. A statue in Cali, Colombia was built of directed by Miguel M. Delgado. Sadly "El Chavo del Ocho" to honor him and his works.

Mario Fortino Alfonso Moreno Reyes

Mario Fortuno Alfonso Moreno Reyes also known as Cantinflas was born on August 12 1911 into a family of eight. acts in traveling tents, Cantinflas had to make up a name to make sure his That is where the name cantinflas was

world in 80 days". This was his American debut and it got him a Golden film company called "Cantinflas Films" that produced very low budget comedy Cantiflas died of lung cancer on April 1993 in Mexico City. Cantiflas was honored with a motion picture star on the Hollywood Walk of Fame at 6438 on Hollywood Boulevard.

Ileana **Ros-Lehtinen**

Ilena Ros-Lehtinen was born in Havana, Cuba one of two children. When Ileana Ros-Lehtinen was seven years Cantiflas used to perform a variety of old her family migrated to the United States of America. Ros-Lehtinen was an educator and the owner of a private born. Cantiflas was president of one of school in Miami Dade County. the Mexican guilds known as Asociación
She was elected to the Florida performed in the movie "Around the house of representatives then elected to the U.S. Senate. Ileana Ros-Lehtinen was the first of many like the first Cuban american elected to the United States Congress, the first republican woman elected from Florida, the first latina elected to congress.

Multicultural Festivals

Houston events

- Wanderlust Market- 3rd Sunday of every month from 11 am to 4 pm, 2120-B Ella Blvd. Houston, TX 77008 United States
- B.I.G salsa festival -Thu, Aug 29, 7:00 11:59 PM (Galleria)
- 2019 Houston AFRIFEST Festival of African Arts, Culture & Entertainment- September 14, 2019,12-8pm
- 2019 Houston AFRIFEST- Festival of African Arts, Culture,& Entertainment: Sat, September 14, 2019 12:00 PM 8:00 PM CDT Houston Baptist University, 7502 Fondren Road, Houston, Tx 77074
- Art & Soul Festival, Sept 22 4-8pm, The Silo, 4601 Clinton Dr, Houston, Tx 77020 { Admissions Fee}
- Viet Cultural Festival 2019 Saturday NRG Center · Houston, TX September 28

Vietnamese Culture and Science Association is proud to present Viet Cultural Festival, a cultural project.

- Nigeria Cultural Parade & Festival Saturday Root Square · Houston, TX,- September 28
- Texas Zydeco & Blues Fest, Sept.28 1-10pm, 5225 Calhoun Rd, Houston Tx{Admissions Fee}
- Nigeria Cultural Parade & Festival- Sept 28, 9am-4pm, 1400 Clay St, Houston, TX 77002-7110, United States
- Korean Festival Houston 2019 Sat, Oct 5, 10 AM { FREE } 9826 Clay Rd, Houston, Tx
- Houston Afro Creole Music Fest- Oct 6 12pm-10pm, India House, 8888 West Bellfort Ave., Houston, Tx 77031{Admissions Fee}
- Houston Italian Festival, Oct 10: 5pm-10pm { FREE}, the University of St. Thomas,3800 Montrose Blvd, Houston, Tx 77006
- Carribean Craft Market- Oct 12 12pm-6pm, Dudley's Auto Repair, 14320 South Post Oak Road, Houston 77045
- The Music International Culture Festival- Sat. October 19th, 2-5 pm at 13100 South Post Oak Road Houston, TX 7704
- Music International Culture Festival- Oct 19, 2019 2pm-5pm, 13100 S Post Oak Rd, Houston, Tx 77045{ Admissions Fee}
- Kids International Festival- Sun. October 20th, 1-6 pm at 13100 South Post Oak Road Houston, TX 77045
- Taste of the South- Dec 1, 7pm-10pm, 10739 Gulf Freeway, Houston 77034{Admissions Fee}
- Taste of Pan Africa Food Festival- Dec 15 1pm-8pm, Ayva Center, 9371 Richmond Avenue, Houston, Tx 77063 {Admissions Fee}
- Annual MLK Grande Parade in Midtown Houston- Jan 20, 2020, 10am-12pm, 1200 Holman Street, San Jacinto Street & Egin Street, Houston Tx, 77004
- 1. 10:00 am to 7:00 pm 1500 MCKINNEY ST Houstan TX 77056 FREE Korean

The Purple Press

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